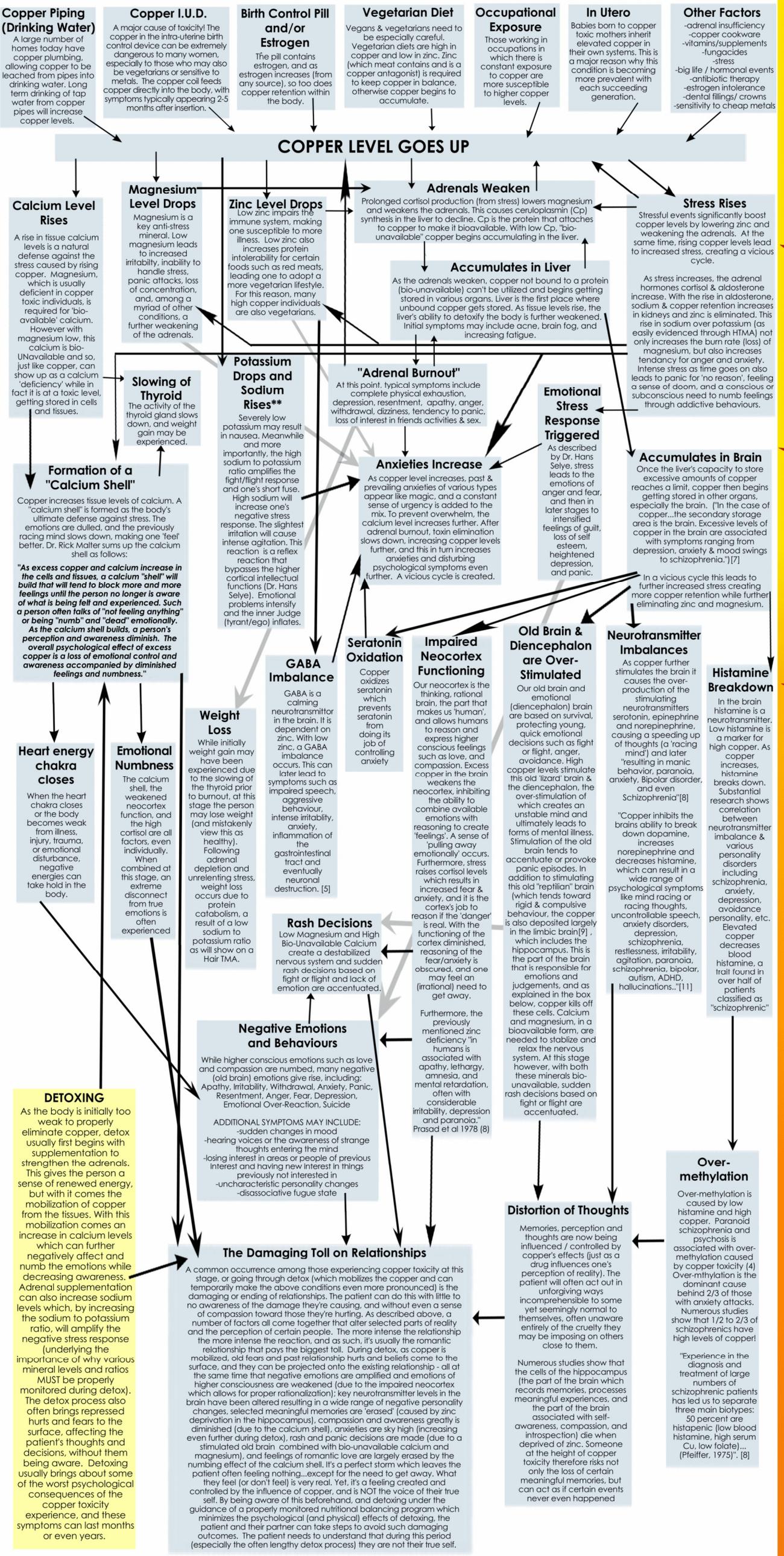


AS TIME GOES ON
GRADUAL ACCUMULATION → INCREASING FATIGUE → SPEEDING OF THOUGHTS → PERCEPTION ALTERED
AND COPPER ACCUMULATES



**Balancing the Sodium / Potassium levels is essential, and this is another reason why having regular HTMA testing done is imperative to determine exact levels and proper supplementation. Until the Sodium/Potassium level is corrected, it can be almost impossible to get through to counselling such a person.