

"There are only two ways to live

Introduction

This book has been written for people like me who have chronic Lyme disease.

Whether you are at the beginning of your healing journey, or many years into the struggle, you are here now, reading this book for a reason.

You are hoping for a cure. You are desperate to feel better. And you are curious...

Well, I can tell you that many people swear that the Salt and Apples

Lyme Combat I:

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Creating a relaxing environment may include reading special books of
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Lyme Combat I:

Note before you begin.

Please make sure you hav

Lyme

We don't know why, but the important thing is to be prepared for intense "herxes" at any time throughout your recovery.

Many people quit due to the monthly "herxes", but this is actually a good sign that means you are still killing

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So in addition to killing Lyme bacteria, the salt in our blood kills any parasite or organism that doesn't belong, and creates a hos

cancers

osteo

cardiovascular complications are one of the main causes of death with Lyme

disease, [Apple PolypTD \(a\) 5598 10 \(m\) 8 7a 7 6066 39230 G3 5 ref2 cmBT/F2 117 T80 0 0 -1](#)

Lyme

Unlike Syphilis, Lyme causes multiple Herxheimer reactions, and can be physically and chemically devastating.

Some have a reaction within days of effective treatment; while for others, it may take longer. Generally, the longer it takes for a reaction to occur after beginning treatment, the more disseminated the disease is.

These brutal flare-ups can last between two days and two weeks, but there are some who report much longer reactions when treating their disease aggressively

(some will try to suppress the reaction with painkillers and anti-inflammatories)

Some times the reaction is so severe that the patient is hospitalized

The good news is that science clearly shows “herxing” means that the bacteria are dying. Dr. Tj56 0 T

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Appendix D: How to Relieve Symptoms of Lyme.

Due

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Disclaimer

Don't prefer or significantly increase treatment protocols without the full support of a Lyme disease specialist. If you don't have one, please find one as soon as possible.

It is vitally important that you find and work with a Lyme disease specialist who can:

- ! Try different treatment protocols, and monitor which works best;*
- ! Support you through potentially severe HR*