

pathogen. Studies have shown that co-infection results in a more severe clinical presentation, with more organ damage, and the pathogens become more difficult to eradicate. In addition, it is known that Babesia infections, like Lyme Borreliosis, are immunosuppressive.

There are changes in the clinical presentation of the co-infected patient as compared to when each infection is present individually. There may be different symptoms and atypical signs. There may be decreased reliability of standard diagnostic tests, and most importantly, there is recognition that chronic, persistent forms of each of these infections do indeed exist. As time goes by, I am convinced that even more pathogens will be found.

Therefore, real, clinical Lyme as we have come to know it, especially the later and more severe presentations, probably represents a mixed infection with many complicating factors. I will leave to the reader the implications of how this may explain the discrepancy between laboratory study of pure Borrelia infections, and what front line physicians have been seeing for years in real patients.

I must very strongly emphasize that all 0 816 222Q qkts. -

Vision: double, blurry, floaters

ANTIBIOTICS

Children: 75 mg/kg/day up to 2g/day

“Co-

Plant Oil: Use a refrigerated liquid product of mixed omega oils obtained from the local health food store (always avoid capsules as the plant oils within may be rancid and you would never know). Take one to two tablespoons of the liquid oil daily. May be mixed with food, put on salads, etc.

Fish Oil: Use "**Marine Omega**" by Pharmanex. Use four daily, taken on a full stomach (thihl-aEioons

The creatine product should contain taurine, an amino acid needed to enhance creatine absorption, plus some

MANAGING YEAST OVERGROWTH

Many patients with weakened defenses, such as from chronic illnesses, including Lyme Disease, develop an overgrowth of yeast. This begins in the mouth and then spreads to the intestinal tract. Therefore the primary line of defense is careful oral hygiene, replenishing the beneficial bacteria

ALLOWED IN GENEROUS AMOUNTS

Grapefruit, lemons, limes, tomatoes, avocado

ALLOWED IN SMALL AMOUNTS ONLY! (The high fiber content in these hard, crunchy fruits

PATIENT INSTRUCTIONS ON

means when the body of the tick is squeezed upon removal, irritated with toxic chemicals in an effort to